



IFHE Press Release
Bonn, 5th October 2018

World Food Day 16th October 2018:

“Our Actions are our Future. A #ZeroHunger World by 2030 is possible”

Hunger can be eliminated in our lifetimes. The **International Federation for Home Economics (IFHE)** unites researchers and practitioners in the field of Home Economics, Family & Consumer Sciences, Human Ecology and more, who are committed to make this become a reality. Home Economists worldwide empower families and their communities to develop the capacity for agency. They act on different levels to achieve food security and sustainable consumption and contribute to a world without hunger:

- **Research:** Home Economics researchers create new knowledge for professionals and the wider society in the subjects of nutrition science, consumer behaviour, food literacy and household technology. They focus on challenges that include appropriate related diets, malnutrition, food allergy and intolerance, diet-related or food-borne diseases, food insecurity, food waste, clean cooking.
- **Counselling & Education:** Households as the smallest social unit develop human growth potential, secure human necessities and meet the basic needs of their members. Training in core competencies such as food and ecological literacy is key to the broader societal well-being. Home Economics education enables individuals, households and communities to improve food security, healthy eating, safe drinking water, sustainable food production and processing, as well as storage, sustainable cooking and avoidance of food waste.
- **Advocacy:** As an International NGO having consultative status with the UN since 2014, the **International Federation for Home Economics (IFHE)** supports the **Zero Hunger Challenge**. At country level, its members advocate for a strengthened commitment to reach the aim of zero hunger.

Home Economics follows a multi-disciplinary approach that aims at achieving optimal and sustainable living. Thus it contributes to the Sustainable Development Goals (SDGs) poverty reduction, health and well-being, education, water & sanitation, gender and responsible consumption. It focuses on households as key for transforming societies to acknowledge our global interdependence and the importance of enriching the quality of life for all.

In partnership with other stakeholders a **#ZeroHunger** world by 2030 is possible”.