



IFHE
INTERNATIONAL FEDERATION
FOR HOME ECONOMICS

IFHE · Kaiser-Friedrich - Straße 13 · 53113 Bonn

NEWS RELEASE

For immediate release
October 12, 2020

Kaiser-Friedrich-Straße 13
53113 Bonn
Fon **+49 (0)228 9212590**
Fax +49 (0)228 9212591
E-Mail office@ifhe.org

www.ifhe.org

World Food Day (16 October 2020)

Home economics education essential to sustainable food systems

FAO's #WorldFoodDay campaign 2020 advocates sustainable food systems and the need to provide affordable and healthy diets for all while preserving natural resources and biodiversity.

Home Economists know that food production and **food consumption** are closely interlinked. It is at home where people make their consumption choices. Home economics research and education focus on subjects such as food preparation and healthy nutrition and address the impact of malnutrition in all its forms,

Home Economics also teaches sustainable **food production** and the procurement of locally sourced and sustainably produced food. Training is given especially to women whose often disadvantaged situation negatively impacts food production and nutrition choices of all household members.

The *International Federation for Home Economics* (IFHE) advocates food procurement and food preparation as modern, productive tasks which all household members should engage in at equal terms and which are core to achieving a sustainable living for all.

IFHE therefore calls for the **integration of home economics into curricula** and making this **education available to both sexes**. Because we all have a role to play, from making food choices that improve both our health and that of our food system, to not letting sustainable habits fall by the wayside.

A Global Voice for Home Economics: Founded 1908, IFHE is the only international organization representing home economics and consumer sciences.

We advocate education & research on the responsible management resources at household and consumer level. Our perspective is global, we strive to achieve sustainable living for all.

IFHE has members in over 60 countries and holds consultative status with the UN.