



HOME ECONOMICS NEWS

June 2019

Publication of the International Federation of Home Economics

XXIV IFHE WORLD CONGRESS 2020

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ENJOY THE FRESH LAYOUT & THIS ISSUE'S FOCUS ON WORLD HOME ECONOMICS DAY 2019

The fresh layout of this Newsletter already makes you want to scroll down and discover all the new features. But wait until you learn about this issue's interesting content:

It not only contains reports about **World Home Economics Day 2019** celebrations in Nigeria, the Philippines, the United Arab Emirates and in Trinidad (p. 2-5). There's also an informative preview on **upcoming WHED themes 2020-2024** and how members will be assisted with preparing for these events (p.6).

IFHE representatives attended two important events at the **United Nations** and report how themes addressed there **resonate with Home Economics** (p. 8 & 9); and this issue takes you back to the Annual Meeting 2019 (p.10) and provides news from the regions and a calendar of events.

Enjoy your reading!

THERE IS VALUE IN HOME ECONOMICS: PRESS COVERAGE OF WORLD HOME ECONOMICS DAY 2019



Acting President Gwendolyn HUSTVEDT and Past President Geraldene HODELIN at press conference.

A press conference was held during the IFHE Annual Meeting in Trinidad to celebrate World Home Economics Day 2019. The Trinidad and Tobago Newsday covered the event on 23 March 2019 - see summary of Clint Chan Tak's article.

Home Economics is more than just creating a good home. This was the view expressed by International Federation for Home Economics (IFHE) president Dr Gwendolyn Hustvedt on Wednesday at a news conference at UWI's St Augustine campus.

Hustvedt said, "A relevant aspect of home economics that we don't highlight is that home economics doesn't only prepare us to be active contributors in our home." She explained that for over a century, home economics "has served as the basis for professionalisation." Home economics, Hustvedt continued, recognises that excellent skills in cooking, good home management, good textile and design skills "can serve as the basis for economic development." She said people who develop proficiencies in various aspects of home economics can "engage in entrepreneurial activities." Hustvedt said through home economics, people can be educated "to take the skills that they have in their home and bring them out into the world."

She observed that economic budgeting used in successful households can "be the basis for a sound business plan." Similarly, good resource management in the home, Hustvedt explained "is just the next step to have good resource practices in your small business."



Caribbean Association of Home Economics (CAHE) representative Geraldene Hodelin said home economics is a subject which is taught across the Caribbean. She said the IFHE allows home economics practitioners to collaborate with other professionals around the world.

Hodelin said this exchange of ideas can raise the teaching of various subjects in the Caribbean. She said home economics does not only improve a country but can improve regions. Hustvedt also said home economics has the potential to capture students who feel disenfranchised by the other sciences. She added that the various aspects of home economics introduce STEM components (Science, Technology, Engineering and Mathematics) to students. Hustvedt also said IFHE sees itself as playing an important role towards the achievement of the United Nations 2030 Agenda, by promoting sustainable living for all.

Full article online

Click here to read the [full article](#) from Trinidad and Tobago Newsday

WHED PHILIPPINES: OVER 1000 PARTICIPANTS CELEBRATE

Albert M. ROSARDA, Philippines

Over a thousand participants from all over the Philippines attended WHED national and divisional celebrations. Albert, Vice-President of the Philippines Home Economics Association (PHEA) recalls both events.

The Philippine Home Economics Association (PHEA) headed by their President Susana V. Guinea joined the international community in celebrating the World Home Economics Day on March 21, 2019. To promote the Home Economics profession and its allied discipline - Industrial Arts, Agri-Fishery Arts, Information and Communications Technology and Entrepreneurship is among the various purpose of the WHED Celebration.

Contests and concurrent sessions

The national celebration was held in cooperation with the DepEd Division of Pampanga. Hon. Governor Lilia G. Pineda, DepEd Region 3 Director Dr. Nicolas T. Capulong and SDS Dr. Leonardo D. Zapanta welcomed the over a thousand participants from all over the country. The celebration was also graced by former PHEA President Dr. Editha T. Burgos; Schools Division Superintendent of DCS-Manila Dr. Jenilyn Rose B. Corpuz, and Mr. Albert M. Rosarda of Colegio de San Juan de Letran being the South East Asian countries' Executive Committee of the Asian Regional Association for Home Economics (ARAHE).

PHEA on Facebook

Find PHEA's activities on [Facebook](#).

Picture: PHEA Board with Albert ROSARDA (blue T-Shirt).



The whole day activity showcased the winners of the various contest held in relation to the WHED celebration. The concurrent sessions gave the participants an opportunity to hone their skills during the demonstration/hands-on segment. DepEd Pampanga's Education Program Supervisor Maria Carmen M. Evangelista was this year's celebration Chief Executive Officer while Catherine G. Pingol is the Organizing Committee Chairperson. Mrs. Ofrecina F. Intal PHEA Board Member and former DepEd Pampanga District Supervisor served as the Chairperson of the Host Division.



Press Coverage

The newspaper Philippine Star announced the event in an [article](#)

The national celebration was also made possible through the Philippine Star – the official media partner of the Philippine Home Economics Association, JB Coats, Adriana Printing Company’s Publishing Division and Ms. Ana Terencio Cabigayan of PhilKratf.

Exhibits from the Alternative Learning System

Aside from the national celebration of the World Home Economics Day, a division level celebration was also held last March 19, 2019 at Taguig City and Pateros (TAPAT) Division of City Schools. This division level celebration was spearheaded by the Philippine Home Economics Association TAPAT Division Chapter through the leadership of their President Mr. Fernando Z. Tabia under the supervision of Madame Nida L. Reforma the Education Program Supervisor for Eduskasyong Pantahanan at Pangkabuhayan and Technology and Livelihood Education of the TAPAT Division. The celebration was attended by Dr. Cipriano Bisco Jr., the Principal of the host school - Ricardo P. Cruz Elementary School; Dr. Carleen S. Sedilla, Assistant Schools Division Superintendent of TAPAT; Dr. Isidro C. Aguilar, TAPAT CID Chief and the Principals and teachers from TAPAT Division.

Invited guest were Mr. Albert M. Rosarda the Vice President of the Philippine Home Economics Association together with Ms. Maria Gracia “Joy” A. Fulgencio, RND, PHEA’s Assistant Secretary.

Various activities such as an Exhibit from the Alternative Learning System (ALS) Division, Research, Home Economics, Agri-Fishery Arts, Information and Communications Technology (ICT) and Industrial Arts areas were showcased. A session was also conducted which focused on Baking, Cookery, Welding and Agri-Fishery Arts. Mr. Kevin Oloya served as the program’s Master of Ceremonies.

WHED NIGERIA: ROAD WALK AND KEYNOTE AT UYO



Dorothy THOMPSON, Nigeria

The Department of Home Economics, Nutrition and Dietetics at the University of Uyo celebrated WHED with dignitaries and students. As Chairman Ethical and Attitude Re-Orientation Commission, Dorothy held the keynote.

It was a remarkable day in the Department of Home Economics, Nutrition and Dietetics, University of Uyo, Akwa Ibom State, Nigeria as the 2019 World Home Economics Day was recognised and celebrated in grand style on March 21, 2019. The event was attended by the Chairman, Ethical and Attitudinal Re-orientation Commission, Dr. Dorothy Thompson, who also presented the Keynote address on the theme “Creativity and Innovation in Home Economics for sustainable Development”

The crème de la crème of the University Community were equally present including the Deputy Vice Chancellor (Administration), University of Uyo, Prof. Nyaudoh Ndaeyo, The University Librarian, Prof. (Mrs) A. Ibegwam, The Vice Chancellor’s Wife, Mrs Rosalyn Essien, The Dean, Faculty of Agriculture, Prof.



Dorothy THOMPSON holds keynote

Godwin Udom, The Head, Department of Home Economics, Nutrition and Dietetics, Dr. Nkoyo Isong. There were other dignitaries in attendance. The highlights of the event included a Road Walk and Carnival float by students, stakeholders and lecturers of Home Economics with the aim of publicising the profession as well as the day. Other highlights include an exhibition, a fashion show and presentations from other schools.



WHED UNITED ARAB EMIRATES: ALDAR YOUNG CHEF AWARD

Denise BUTTIGIEG, United Arab Emirates

Denise is Head of Food, Nutrition and Health Education at the Al Ain Academy and organised the annual award to celebrate WHED and to promote sustainable food culture and innovations on traditional cuisine from UAE.

Al Ain Academy which forms part of the ALDAR ACADEMIES has held its Young Chef Award in collaboration with Danat Hotel & Resorts and Jimi Mall Al Ain, to celebrate and support World Home Economics Day on the 21st March. The school is the only one in Al Ain to educate students how to prepare meals from primary ingredients. They learn how to cook in a fantastic facility appropriately design to cater for primary and secondary students. They learn about the science of nutrition and health education.

Study of Home Economics becoming more important in UAE

Mrs. Buttigieg Fiteni stated that the study of Home Economics is becoming more important. Courage and imagination are needed in developing and implementing such a diverse curriculum. Home Economics education has many opportunities to develop a visionary approach to education for future-oriented sustainable development, improving the quality of life at individual, family, societal and global levels. Obesity has become the most common nutritional disorder in the industrialised world. It is a major risk factor for the development of degenerative and chronic disease and one of the leading cause of death in the UAE. Poor eating habits and improper diet are notoriously serious causes of disease. Careful detailed planning in schools across UAE is important and, with this, Home Economics will make an important contribution to counteracting such development.

Once again, the talents of the budding chefs of Al Ain Academy were witnessed. Students from Year 3-12 presented their finest dishes, secret recipes and traditional plates to two guest judges from the Danat Hotel & Resorts restaurant.

Press Coverage

Find an [article](#) of the event in the online magazine Oasis Living.



Young chef participating in the award

The Award aims are to promote innovations on traditional cuisine from UAE, highlight sustainable food cultures and create future chef ambassadors for within the AI Ain Districts and local food products.

Executive Chef Tarek Mourieess and Sous Chef Kayode Oladunni Adebisi took the competition very seriously and guided the students through the highs and lows of their experience, whilst tasting and critiquing every single dish, to finally be able to choose the winners.

Award also promotes language and mathematical skills

Aside from the dexterity and practical skills developed in this competition, the students also enhanced their language skills by describing food and ingredients, mathematics to measure ingredients and calculating cost of dishes as well as sensory analysis. Head of Food, Nutrition and Health Education Teacher Denise Buttigieg Fiteni founded and organised the competition that has been running for these last three years. This was organised over a two-day event. The award gathers finalists from both primary and secondary cohort of students to present and exchange knowledge about traditional dishes and local food products from their districts in AI Ain and then compete proposing their innovative reinterpretation of traditional recipes, judged by Danat chefs.

Make time for family cooking

In today's busy world, 'cooking dinner' often means throwing a pizza into the oven or popping a ready-made lasagna in the microwave that are high in fat, sugar and low in micro-nutrients. Making time to prepare a full meal might seem impossible between work, traffic, school, and after-school activities. It's important to make time for family cooking together, because there are plenty of benefits for your family! Your family is a team and reinforcing that bond will only make your family a stronger unit that could be healthier if using the right ingredients for the needs of all the members in the family.

BUILDING AN ONGOING STORY: WORLD HOME ECONOMIC DAYS 2020-2024

Gwendolyn HUSTVEDT, United States of America

As Acting IFHE President, Gwendolyn initiated a long-term approach towards IFHE's flagship "World Home Economics Day" and together with the Executive Committee started preparing for upcoming themes in 2020-2024.

World Home Economics Day (WHED) is an opportunity for IFHE to shape conversations about Home Economics by uniting efforts, highlighting strong activities and building an ongoing story. Through the leadership of Acting President Gwendolyn HUSTVEDT, an important portion of the Executive Committee meeting held during the Annual Meeting in Port of Spain, Trinidad was focused on setting the groundwork for increasing benefits from WHED through advanced planning. The Executive Committee selected 5 upcoming themes for WHED, including the 2020 theme announced at a press conference held by President



HUSTVEDT on World Home Economics Day, which fell during the Annual Meeting. One benefit of announcing the upcoming theme during the celebration of the current WHED is that it allows HE professionals and students to engage in conversation about their planning for the next WHED with enough time to make the theme even more meaningful. The selection of four additional themes beyond the upcoming theme will also allow working groups to convene during IFHE meetings to gather and prepare materials to be shared as each new theme is announced, meaning that in the future, not only will there be an entire year to focus on the upcoming WHED celebration, but there will be more and more resources available to use during this celebration.

WHED 2020: Housing the Dispossessed

The 2020 WHED theme of “Housing the Dispossessed” was chosen in part as a reflection of the struggle that face families in regions that have experienced man-made and natural disasters, including the Caribbean region that hosted our annual meeting in 2019. The theme was also chosen to align with the 2020 agenda for the UN Commission on Social Development which will also focus on housing and homelessness. By narrowing the focus of WHED specifically to homelessness among those who are displaced by war and disaster, we can highlight a specific and powerful aspect of Home Economics, the ability to pull together a broad interdisciplinary effort to food, clothing, shelter and comfort in the dark days after losing the safety of home.

At the 2020 Annual Meeting, a working group will gather to put the final touches on materials prepared for the 2021 WHED theme (see box below). Subsequent meetings will host groups working on these additional themes and beginning in 2020, future themes will be presented to the Council.

Please take time to visit the WHED section of the IFHE website which will be continually expanded as resources are developed for the upcoming and future WHED celebrations.

More about future WHED themes

Log in to the IFHE website
[Members Area.](#)

- 2021** Age-friendly homes and communities
- 2022** Waste reduction literacy
- 2023** Building resilient homes & families
- 2024** Home Economics 3.0: Home in the future

THEMES RESONATE WITH HOME ECONOMICS: REFLECTIONS ON CSW63

Janine DUNCAN, United States of America

IFHE holds consultative status with the UN and was invited to attend the 63rd session of the Commission on the Status of Women. Janine is the Federation's representative at the United Nations in New York and shares her reflections.

The CSW63 2019 was held in New York City at the UN Headquarters, March 11-22, 2019. This year was an extraordinary year, as IFHE had three participants at this important meeting: Acting President, Gwendolyn Hustvedt, and Executive Director, Annette Ptassek, joined me for the first full week, before we each traveled to Trinidad for the IFHE Annual Meeting and Conference. This was an excellent opportunity for us to listen, reflect, and dialogue together, on how the abundance of information, ideas, and actions presented could positively impact and inspire our organization and its members.

The priority theme focused on social protection systems, access to public services, and sustainable infrastructure to promote gender equality, as key components to empowering women. There were significant presentations throughout; a few major themes/ideas resonate significantly with home economics.

Partnerships

Major institutions, such as the Global Girls Alliance (Obama Foundation), spoke to the importance of nurturing partnerships with allied organizations. Importantly for home economics, our ability to seek partnerships could have important outcomes for funding, but equally important, is developing partnerships to increase visibility of home economics, too.

Recommendations for forging successful partnerships include knowing the company/institutional mission and goals; knowing the policies of the country/locality; recognizing the humanity and approachability of colleagues working in large organizations; and connecting with the person assigned to the social media position. All these researchable strategies are key to forging a relationship and eventual partnership with a given organization.

In turn, organizations are looking for a shared passion and commitment to issues important to them. It's important to consider how the work of home economics reflects the concerns of potential partners, and how through partnering with home economics, work toward addressing an issue can be sustained over time. Given the variety of home economics institutions, organizations, and curricula, sustainable actions might be maintained through the work of leaders at the grassroots level. Success will depend on effectively educating home economics professionals for advocacy / public policy and coalition / partnership building.



More about IFHE Activities at the UN

See up to date information at the IFHE website: www.ifhe.org/UN-Activities

Global Citizenship

Dr. Lynette Schultz, University of Alberta, is the lead researcher for an online experience educating high school students from around the world about Global Citizenship. She spoke about introducing youth to a “threshold concept,” (something that is troublesome, transformative, integrative, irreversible), a concept reflective of the home economics notion of perennial and emerging problems. Her approach focuses on interconnection, global ethics, and planetary citizenship. Findings from this work point to the experience of Solastalgia among youth. A term first defined by Glenn Albrecht (2005), as “the pain or sickness caused by the loss or lack of solace and the sense of isolation connected to the present state of one’s home or territory,” solastalgia might adequately reflect one of the fundamental issues for which home economics arose to address. See the [white paper, drafted by participants of this global citizenship experience](#). Therein, the students outlined their ideals, concerns, questions, and ways forward on educating for global citizenship.

Successful Practices

The CSW 63 presentations highlight what is understood among home economics professionals: a just world can only be achieved through critical reflection/action (praxis) about global citizenship to strengthen the status of women. To that end, take time to explore these initiatives, as they might be useful to you in your own work: [She4All Project](#) (an effort started by youth in Austria and Germany to mobilize youth to promote gender equality) and [American Association of University Women AAUW](#) (free, Online Salary Negotiation Workshops for women, organized to help close the gender pay gap).

AWARD FOR IFHE AT THE COMMISSION OF SOCIAL DEVELOPMENT MEETING



UN representative Anita FERRON receives IFFD award

Annette PTASSEK, Germany

Through intensified cooperation with two family-focused NGOs, IFHE actively contributed to the 57th meeting of the Commission of Social Development and received a special award. IFHE Executive Director Annette gives an account of the event.

As already mentioned in Janine's article, nurturing partnerships with allied organizations to increase visibility of home economics is increasingly important. A beautiful example of such a partnership was IFHE's the cooperation with the Doha International Family Institute (DIFI) and the International Federation for Family Development (IFFD) for the 57. Commission on Social Development in New York in February 2019. IFHE presented a joint oral statement to the Commission on the importance of family in breaking the intergenerational cycle of poverty and the value of unpaid care and domestic work.

In recognition of its work, IFHE received the IFFD Family Award. The award received by UN Representative Anita FERRON in presence of high-ranking guests.

A WEEK OF REFRESHING ENGAGEMENT: ANNUAL MEETING 2019 IN TRINIDAD



Donna PENDERGAST conducted a workshop on professional writing



Regional Liaison & organiser Audrey JONES-DRAYTON



Pauline WHITEMAN, CAHE President

Geraldene HODELIN, Jamaica

The IFHE 2019 Annual Meeting and Conference was held in Trinidad and Tobago and hosted by the Caribbean Federation for Home Economists Inc. (CAHE). Past President Geraldene shares her impressions.

For second time in the history of the IFHE, a Leadership Meeting was held in the English-speaking Caribbean. The first was held in Kingston in March 2009.

A glimpse into the Caribbean way of life

This 2019 meeting was important for several reasons. It was an opportunity for the Acting President, Gwendolyn Hustvedt, to 'test the waters' at convening her first face to face Executive Committee meeting following the sudden passing of President Sidiga Washi. Co-hosting a one-day conference with CAHE President Pauline Whiteman, this provided a chance to work closely with one of our regions' strongest Home Economics organisations, CAHE. Perhaps, more importantly, all the visitors got a glimpse of the important institutions and way of life for some of our Caribbean colleagues.

The intense heat of Port of Spain, Trinidad, the "Sahara dust", the daily bus rides and heavy mid-day meals, took a bit to getting used to. Nevertheless, the hospitality of the Trinidadians, the richness of the discussions around IFHE matters and decisions taken; the sharing of issues and perspectives through the presentations at the plenaries and the CAHE/IFHE one day Conference; the generous sharing of ideas about academic publishing from Professor Donna Pendergast, were stimulating and instructive.

Reconnecting with friends and furthering our profession

Perhaps more memorable are the visits to the 'pan yard' in Port of Spain and the associated entertainment, including the stilts walking men and steel pan music; the adventurous boat ride and the party that was facilitated during the trip. Most memorable for me was reconnecting with IFHE friends and the joy of meeting to plan for Congress 2020. This international meeting has meant so much to so many of us that half the fun is the planning to and travel to wherever in the world we are able to go in the interest of furthering the views of our profession.

Imagine the joy I felt when I saw the newspaper article about *World Home Economics Day* in the Trinidad newspaper "Newsday" with the very instructive title "There is value in Home Economics", as I settled in my plane seat on my way back to Kingston after the meeting. Next to being upgraded to Business Class, it was a joy to share the item with my seat mate, who was a Librarian on her way to a conference in Kingston and who indulged me as I told her all about the IFHE and our focus on the quality of life for individuals and families in different cultural contexts!

As a retiree from institutional work, I felt refreshed from the week's engagement in this meeting. I was grateful that the meeting was held close enough from me to afford to attend. Happy that so many of my colleagues and friends came from near and far and had a great time. The sharing of research and other practical ideas important to us as professionals as we get ready for the World Congress in Atlanta, USA next year and the vibrancy and relevance of our IFHE shone through and past all the little issues that we had to navigate for the week.



Participants at the Annual Meeting
2020 In Trinidad

Thanks to Acting President Hustvedt, Executive Director, Annette Ptassek, IFHE Regional Liaison, Audrey Drayton and the CAHE colleagues from Trinidad and Tobago who made this event such a success. Thanks also for the IFHE members who came and to the *Trailers*, who are always a welcome group of supporters to our gatherings. Thanks for continuing to keep the Caribbean in the conversation about Home Economics for development and the IFHE with CAHE and other regional groups for keeping members, intellectually informed and grow leadership skills for the future.



**Annual Meeting 2020
Documentation**

Log in to the IFHE website [Members Area](#) to find presentations and other information.

NEWS FROM THE REGIONS & ANNOUNCEMENTS

23RD BIENNIAL CAHE CONFERENCE HELD IN ANTIGUA

Audrey JONES-DRAYTON, Barbados

The Caribbean Association for Home Economists Inc. held its conference in Antigua. Read the IFHE Liaison for the Caribbean's account of the event.

The Caribbean Association of Home Economists Inc. recently held a successful conference 23rd Biennial Conference at the Starfish Jolly Beach Hotel, St. John's Antigua, 13-17 April 2019 under the theme "Home Economists: Investing in risk management for resilience" The Conference attracted over 150 delegates from over ten countries including the United States of America. Activities included a pre-conference workshop on "Mental Health: Mitigating health risks", plenary sessions, several in-conference workshops, Island tours, a cultural evening and an opening ceremony and Banquet both held at the Sandals Grande Resort.

During the Banquet, Juanita Mendenhall was honoured for her unstinting service and dedication to Home Economics in the Caribbean. CAHE also took time out to honour President of Honour, Sonja Lewis, posthumously.

Pauline Whiteman CPHE was returned as President for the period 2019-2021. The 24th Biennial Conference will be held in Trinidad and Tobago, Easter Week, 2021. Please plan to join us there.

See photos

of the conference at the CAHE [Face-book](#) site.

THE EXECUTIVE COMMITTEE CONVEYS ITS HEARTFUL THANKS TO PETRA WEHMEIER

To most IFHE members, Petra was a steady companion throughout their membership. Since 2007, Petra was the heart and soul of the IFHE Office in Bonn and we really regret to see her leave. She tirelessly managed all membership matters, helped with registration and payments, distributed the Newsletter or organised event participation. Especially the IFHE country liaisons worked closely with Petra and one put her appreciation for Petra in these words: "I really miss Petra because I knew (her) more than 10 years, since I joined the IFHE... I used to see (her) every year during the Annual Meetings and Congresses, (she was) very active and hard worker, I keep (her) all love, appreciation and respect".

Not all of us know that IFHE's templates have been defined by Petra. Through this, she helped setting up a transparent administration that is so important for membership-based federations. The Executive Committee respects Petra's wish to end her contract but regrets to see her leave. We convey our heartfelt thanks for her commitment and the work done. As Petra remains an IFHE member, we hope to meet her again at an IFHE event - this time as a regular participant.

CALENDAR OF EVENTS 2019/2020

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Next Issue:

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Please submit information and articles by 15 August 2019 to the IFHE Office Bonn, Germany

23th–26th June

**American Association of Family and Consumer Sciences (AAFCS)
Annual Conference & Expo 2019**

St. Louis, Missouri, USA

20th–23rd August

**Asian Regional Association of Home Economics (ARAHE)
“Families in Canada Conference 2019”**

Infinity Conference Centre – Gloucester, Ontario, Canada

26th –23rd August

**IFHE African Region & Home Economics Association of Zambia (HEAZ)
9. Regional Conference & 46. Annual Conference**

Lusaka Zambia

22th-25th October

Home Economics Professional Association of Nigeria (HEPAN)

9. International Conference

Zuba-Abuja, Nigeria

19th-22nd November

**Association for Financial Counselling and Planning Association (AFCPE)
Symposium**

Portland, Oregon, USA

4th-6th March

International Federation for Home Economics (IFHE)

Annual Meeting

Berlin, Germany

19th-22nd July

Brazilian Society for Human Ecology (SABEH)

XXXIV International Conference

Pernambuco, Brazil

2nd-8th August

International Federation for Home Economics (IFHE)

XXIV IFHE World Congress

Atlanta, Georgia, USA