



HOME ECONOMICS NEWS

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XXIV IFHE WORLD CONGRESS



REGISTRATION
OPENS IN DECEMBER
2019

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IN THIS ISSUE: GLOBAL CHALLENGES FROM A HOME ECONOMICS PERSPECTIVE

Unhealthy diets, homelessness and lack of education are just a few of the global challenges the UN addressed in 2019. IFHE and its members followed the call for action and joined a campaign for **healthy diets** (page 2), issued a statement on **feminized homelessness** (page 3) and stressed the **right to education** (pages 4/5).

Another opportunity to address global challenges presents itself in 2020: IFHE celebrates the 25th anniversary of the Beijing Platform for women's rights and invites members to attend the **Commission on the Status of Women** (page 4).

This issue also contains interesting reports about the **African Regional Conference in Zambia** (page 8), a **Home Economics Conference in Egypt** (page 9) and the Conference of the **Philippine Home Economics Association** (page 9).

And IFHE President Gwendolyn HUSTVEDT extends a warm invitation for the **Annual Meeting 2020 In Bonn, Germany** (page 6).

We wish you a peaceful end of 2019 and a happy start into 2020.

HEALTHY DIETS FOR A #ZEROHUNGER WORLD: IFHE JOINS 2019 WORLD FOOD DAY CAMPAIGN

16th October was World Food Day. Its 2019 theme "Healthy and sustainable diets" presented a great opportunity to promote the value of nutrition education and research. IFHE members looked back on a long-standing commitment for healthy diets and a sustainable living for all and gladly joined the campaign.

Achieving Zero Hunger is not only about addressing hunger, but also about nourishing people, while nurturing the planet. The UN Food and Agriculture Organisation FAO annually celebrates World Food Day to promote worldwide awareness and action for those who suffer from hunger. The 2019 theme "Healthy diets for a #ZeroHunger world" aimed to increase awareness about what we eat and make healthy, sustainable diets affordable and accessible.

Useful UN Resources about healthy diets

The [FAO website](#) offers abundant information on healthy & sustainable diets, especially for educators and youth

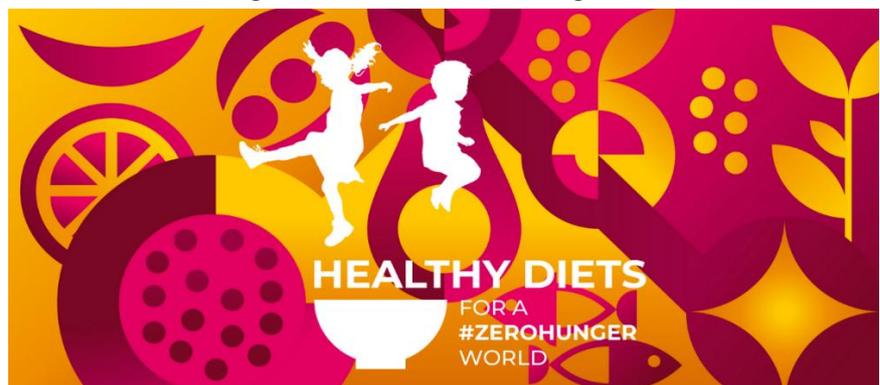
Healthy diets: A concern of Home Economists worldwide

Food security, nutrition and nutritional health is a key topic in Home Economics, Family and Consumer Sciences and Human Ecology. It is an integral part of our goal to foster sustainable practices at household level and achieve an optimal living for all. Ending all forms of malnutrition is closely related to a micro-level household perspective where food production and food consumption are closely interlinked. Early 2019, IFHE published a statement that highlights these aspects, interpreting the United Nations Sustainable Development Goal (SDG) no. 2 "Zero Hunger" from a specific Home Economics perspective.

IFHE members joined WHED 2019 campaign

IFHE called on its members in almost 60 countries to actively join this year's World Food Day campaign and promote the value of nutrition education and research in their working environment, especially Home Economics educators were invited to enrich their curriculum with toolkits available at the FAO website.

As Home Economists, we share the FAO belief that affordable solutions exist to reduce all forms of malnutrition. But we all know they require greater global commitment and action. IFHE members have long been promoting healthy diets and a sustainable living for all, so let's continue our good work.



IFHE ADDRESSES MITIGATION OF FEMINIZED HOMELESSNESS FROM DISPOSSESSION

IFHE submitted a statement to the 58. Session of the United Nations Commission on Social Development (CSoCD). It picks up on IFHE World Home Economics Day theme 2020 on the same subject and members' contributions. Read excerpts of the statement drawn up Peggy O'NEIL, Canada.

The right to land upon which a home may be sustained is a fundamental human right and essential to human flourishing (...). The most significant inequalities and pressing challenges to addressing homelessness and ensuring social protection for all manifest in one of the world's poorest and most vulnerable populations, women in (...) the Global South. (...) The social protection measures put forward by the International Federation for Home Economics are primarily targeted at economic policy reform and intervention.

Major drivers of women's homelessness

The major drivers of women's homelessness through dispossession in the Global South are national economic shifts toward state industrialization of agricultural and aquaculture land and resources in partnership with transnational corporations and creditors. Economic agreements between governments and international investors denationalize and privatize land historically controlled by customary law in which women had shared use of property and natural resources (...) Women's ineligibility for title rights and related sources of income combined with their exclusion from negotiations for resettlement further depletes their limited, customary economic status and feminizes homelessness in the Global South.

Priority areas for intervention

One of the most exacerbating factors mitigating social development coincident to economic growth are long term, outstanding legal claims and delayed court rulings over unfulfilled promises. (...) Education is another contributor to feminized homelessness because women do not always possess necessary literacy levels to negotiate, keep records, or, to take legal action. (...) Adequate housing provides a source of protection, security and connection for women and their children and feminized homelessness or excessively gendered tenure puts women in a position in which they cannot (...) care for or fight for their children.

IFHE policy recommendations to address feminized homelessness

The International Federation for Home Economics proposes (...) policy recommendations to address feminized homelessness in the Global South. First, providing a voice to homeless women through qualitative inquiry. Second, introducing or expanding existing international economic policies to explicitly include resettlement, rehabilitation, restitution, and resolution requirements for investors participating in and enjoying the benefits of United Nations-affiliated credentials for sustainable asset management.



The [58. Commission for Social Development](#) takes 11-21 February 2020 in New York (picture: UN)



25TH ANNIVERSARY OF BEIJING PLATFORM FOR WOMEN'S RIGHTS

2020 marks the 25th anniversary of the Beijing Platform for Action, a milestone for advancing women's rights. IFHE joined ranks with other NGOs to demand that governments increase their ambition towards the realisation of areas identified in 2000 and celebrates by inviting its members to attend the anniversary session at the United Nations (see box left-hand side).

The 4th World Conference on Women in September 1995 focused on gender equality and the empowerment of all women. By the time the conference closed, it had produced the Beijing Declaration and Platform for Action, the most progressive blueprint ever for advancing women's rights. On the occasion of its 25th anniversary, IFHE joined ranks with other INGOs to remind governments to step up action towards the realisation of the Beijing Declaration.

Graduate Women International (GWI): Education for girls and young women
IFHE cooperated with Graduate Women International (GWI), an NGO that has a long history of promoting women's education. GWI advocates for women's rights, equality and empowerment through access to quality secondary and tertiary education and training up to the highest levels. Their vision is 100% of girls and women in the world achieving education beyond primary school. Like IFHE, GWI has organisational and individual members in 60 countries. IFHE and other NGOs holding UN consultative status endorsed a GWI drafted statement to be submitted to the anniversary session of the Commission on the Status of Women in 2020.

IFHE supports demand for post-primary education for girls and young women

The statement highlights that post-primary education gives girls and young women the academic and personal tools vital to progressing further in higher education, work and society; equips them with high-level academic knowledge and qualifications; enables the uptake of professional positions and increases earning potential; enhances social inclusion and personal development; and is both, a means of empowerment and an investment in tomorrow's future leaders and decision-makers.

Look forward to a detailed report about the anniversary session of the Commission on the Status of Women in one of the next Newsletters.

Advancing women's rights: milestones

Read about the 20th anniversary session of the 64. [Commission on the Status of Women](#) and the [Beijing Declaration](#) 1995.

UNIQUE OPPORTUNITY: IFHE INVITES MEMBERS TO ATTEND CSW64 IN NEW YORK

IFHE celebrates the 20th anniversary of the Beijing Declaration by inviting its members to attend the Commission on the Status of Women (CSW), a privilege only given to NGOs in consultative status with the UN.

Interested? Please read about [CSW](#) and the [Beijing Platform](#) and send a **short email until 31 December 2019** to office@ifhe.org, explaining your background. Please note that IFHE cannot provide financial or travel/visa assistance.

BREAKING BARRIERS IN EDUCATION: HOME ECONOMICS AT UNESCO CONFERENCE

UNESCO held its annual Strategic Debates in Paris, France on 24 October 2019. Mona Sharaf ABDELGALIL who represents IFHE at UNESCO, was invited to attend. Read her report about the conference and its important outcomes.

The Strategic Debate was organized by the International Institute for Educational Planning (IIEP), who is part of UNESCO and the only institute in the world providing a winning combination of training in educational planning, cutting edge research and in-country capacity development for educational bodies. It focused on the new Abidjan Principles.

Abidjan Principles 2019: Turn right to education into practice

The theme was how to take the right to education seriously by looking at the new Abidjan Principles on human rights, a milestone tool on the path to turn the right to education into practice, and its potential to address the crucial questions of how to address education in a world that is constantly changing, where climate and migration emergencies are fast rising, and where private actors are taking on a more prominent role. The Abidjan Principles were defined and finalised by a group of eminent independent experts from around the world in 2018 and were adopted in Côte d'Ivoire on 12-13 February 2019. The Abidjan Principles promise to be the new reference point for governments, educators and education providers when debating the respective roles and duties of states and private actors in education.

The presentation of the principles was made by two experts: Mr. Sylvain AUBRY, from the Global Initiative for Economic, Social and Cultural Rights and Ms. Delphine DORSI from the Right to Education Initiative. They focused on the right to education and how policy-makers and education planners can use them.



IFHE PRESIDENT EXTENDS INVITATION TO ATTEND THE 2020 ANNUAL MEETING IN GERMANY

The IFHE Annual Meeting takes place in Bonn, Germany from 4-6 March 2020. IFHE Acting President Gwendolyn HUSTVEDT invites members to attend the event and describes the programme they can expect. Detailed information is available at the IFHE website's Member Area.



Next year brings two important events for IFHE, the XXIV IFHE World Congress and Council in Atlanta and the Annual Meeting in Bonn from 4-6 March 2020. In light of the busy preparations going on for the Congress, we decided to hold an Annual Meeting "light" and highlight the working character of the meeting.

Our main thematic focus is on **Advancing IFHE: Success stories and learning examples**. We will organize working groups and discuss interesting aspects like branding our field, reaching out to home economics students and providing attractive member services. The other thematic focus is on the upcoming **World Home Economics Day themes 2021-2023** for which we start preparing in Bonn. Themes for the upcoming years are "Age friendly homes and communities", "Waste reduction literacy" and "Home Economics 3.0.". Last but not least, the Annual Meeting provides an opportunity to prepare the Council 2020 in Atlanta.

To make this IFHE working meeting a success, I extend a special invitation to active IFHE members who feel they can make a contribution and those members holding an official role. So Please be sure not to miss this valuable opportunity for exchange with the global community of IFHE professionals and start making your travel plans to come and join us in Bonn!

Annual Meeting 2021: Call for hosts

Annual Meetings are a lively affair and attract 40-60 IFHE members, some of whom take on long journeys to meet their colleagues from around the world. So why not host one and benefit from the opportunity to promote Home Economics within your country?

We are happy to discuss all aspects before you take a final decision. Please contact the IFHE Office (office@ifhe.org) as soon as possible.

NEWS FROM THE REGIONS & ANNOUNCEMENTS

AFRICAN REGIONAL CONFERENCE HELD IN LUSAKA, ZAMBIA



Hester STEYN and Patricia MBAH at the conference (pictures: author)

The Home Economics Association of Zambia hosted the 9th African Regional Conference and, at the same time, its national conference in Lusaka, Zambia from 26th to 30th August 2019. Read the report of Nigerian participant Felicia Titilayo ADENIGBA.

The Home Economics Associations in Zambia (HEAZ) hosted the joint 9th IFHE African Regional Conference and 46th HEAZ National Conference. The theme of the conference was “Home Economics: Multi-disciplinary strategies for achieving sustainable development across Africa and beyond”. The venue of the conference was National Science Centre, Lusaka, Zambia.

The Conference attracted Home Economists from various District of Zambia and other African countries such as Nigeria, South Africa, etc. The welcome address was delivered by Professor Patricia Etuna MBAH, IFHE Vice President, Patricia PHIRI, President of the Zambia Home Economics Association (HEAZ) and Dr. Chishala H. LUPAMB, L.O.C Chair.

A keynote address was presented by Prof. Hester Steyn, IFHE Representative and former IFHE Executive Member. In her speech, she emphasized the importance of participatory interest and total involvement in sustainable development as crucial in Home Economics for the achievements of sustainable development across Africa and beyond.

About twenty-seven research papers on various fields of Home Economics were presented. There was also a presentation on the benefits of usage and production of coconut oil by this report’s author Felicia Titi Adenigba. There were various exhibitions on different income generating activities to create a sustainable future in developing countries. The conference had a huge turnout and there were also guests from the Education Permanent Secretary, Office of the Minister and other ministries Lusaka. Fifteen members attended from Nigeria.



IFHE PROMOTED AT INTERNATIONAL CONFERENCE AT HELWAN UNIVERSITY, EGYPT



Mona Sharaf ABDEL GALIL at the conference in Helwan (picture: author)

Mona Saraf ABDEL GALIL, IFHE EC member and Liaison Egypt, represented IFHE at the 5th International Conference of Faculty of Home Economics at Helwan University. Read a summary of her account of how IFHE representative promoted our work amongst the conference participants.

The conference was titled “Home Economics & Sustainable Development Challenges in Africa” and was held under the patronage of the minister of Higher Education & Scientific Research Egypt and was held in presence of the Ambassador of the State of Chad in Egypt and the Cultural Attaché of the State of Libya.

In a written welcome address and recorded voice message, EC Vice-President Africa Patricia MBAH welcomed delegates and emphasized on the importance of such an international and regional forum, as it provides useful opportunities for both, academic and social networking and contributes a Home Economics perspective in sustainable development. The conference is a way of getting interested Home Economists as participants in tackling and dealing with issues that would change the family and the nations at large.

In her welcome address, EC member Mona ABDEL GALIL thanked Prof. Ashraf Abdelaziz, former dean of the faculty, for his kind invitation for IFHE. She then mentioned that the conference corresponds to the ultimate goal of IFHE which is the improvement of the quality of everyday life for individuals, families and households through the management of their resources. The most important issue within developing countries in Africa is the access to education, as it is difficult to compete in a global economy with an undereducated, low skilled workforce and as a result the countries remain poor. Another issue is the lack of quality housing. Often, people live in overcrowded conditions and/or in poorly constructed homes. This leads to problems with diseases, crime, and the safety of the structures in which the people live. Mona ABDEL GALIL also used the IFHE presentation to explain about our work and highlight the benefits of becoming a member.

71ST NATIONAL CONFERENCE AND TRAINING OF THE PHILIPPINE HOME ECONOMICS ASSOCIATION (PHEA)

The Philippine Home Economics Association held its annual event “The Development of Home Economics and its Allied Discipline for the Aspiration of the People to Live a Better Life”. Read extracts of the report of PHEA Officer Albert M. ROSARDA, Philippines (please contact the IFHE Office for the full report).

PHEA President Susana V. Guinea with the PHEA Board of Directors conducted the 71st National Conference and Training from October 25 to October 27, 2019



Members of the Manila Public Schools Home Economics Teachers Association (picture: author)

in Cagayan De Oro City, Philippines. The theme was “The Development of Home Economics and its Allied Discipline for the Aspiration of the People to Live a Better Life”. It was adapted to the theme of the 20th Biennial International Congress of the Asian Regional Association for Home Economics (ARAHE) 2019 in China.

Mrs. Susana V. Guinea delivered her opening remarks and the participants were welcomed by Dr. Raymund Antolo the Chief of the Human Resources Department of Regional X’s Department of Education. Other speakers included Dr. Edita T. Burgos, PHEA’s former president, Quezon City’s Assistant Schools Division Superintendent Dr. Maria Teresa A. Namoro, Mr. Alexander Ericson P. Pedron Jr., President of I-Influence. The concurrent sessions were facilitated by PHEA’s corporate partner Focus Global Philippines. Best Practices and Researches were presented by teachers from the various regions of the country

The fellowship night with “Hawaiian Luau” theme gave the participants the opportunity to parade on their floral attire. There was also the launch of the Home Economist Puzzle which is the newest addition on the pages of the Philippine Star – the official media partner of the 71st PHEA event.

PHEA after having founded in 1948 by the late Dr. Helena Zoila Tirona Benitez has grown and developed into a national non-government organization bringing together individuals, institutions, and organizations in order to improve Home Economics education and its allied discipline. With membership of over a thousand, PHEA has a strong affiliation with the International Federation of Home Economics (IFHE) and the Asian Regional Association for Home Economics (ARAHE), two leading Home Economics associations in the international arena.

INTERN JOINS THE IFHE OFFICE



(picture: S.KHADKA)

We are happy to welcome IFHE intern Sandhya KHADKA, who joined us in November. Sandhya worked in public relations in Nepal, now studies in Bonn and will support us with office work and international marketing projects.

Before moving to Germany to continue her studies, Sandhya worked six years with TV, radio and film production firms and printing media in Kathmandu, Nepal. She was an assistant in production, public relations and editorial content, coordinated public relation activities (with the British Council Nepal, among others) and gained practical expertise in areas such as graphic design, creating news content and campaigns and maintaining social media accounts. Sandhya also was a TV presenter Nepal (curious? see the recording at [youtube](#)).

Sandhya moved to Germany in 2016 for her Master's degree and now follows up on her passion for international marketing, communication and literature in Bonn. Sandhya currently helps us to set up IFHE social media accounts and we really benefit from her perspective on the “old lady” IFHE. It is a pleasure to have her on board.

CALENDAR OF EVENTS 2020

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Next Issue:

[MARCH 2020](#)

Please submit information and articles by 15 February 2020 to the IFHE Office Bonn, Germany

10th-19th February

**United Nations Commission for Social Development
58th Session**

New York, United States

4th-6th March

**International Federation for Home Economics (IFHE)
Annual Meeting**

Bonn, Germany

9th-20th March

**United Nations Commission on the Status of Women
64th Session (Beijing +25)**

New York, United Nations

8th-9th May

**Latvia University of Agriculture/Institute of Education and Home Economics
13. Scientific Conference (REEP)**

Jelgava, Latvia

19th-22nd July

**Brazilian Society for Human Ecology (SABEH)
XXXIV International Conference**

Pernambuco, Brazil

2nd-8th August

**International Federation for Home Economics (IFHE)
XXIV IFHE World Congress**

Atlanta, Georgia, USA

28th-30th September

**Home Economics Institute of Australia
National Conference**

Brisbane, Australia

12th-13th November

**Home Renaissance Foundation
5th International Conference**

London, United Kingdom