



AGE FRIENDLY HOMES AND COMMUNITIES: Free webinar & resources

Get ready for World Home Economics Day 2021!

World Home Economics Day

WHED is an IFHE public relations event for family & consumer issues. Each 21 March since 1982, members take this opportunity to highlight a specific theme and the impact of home economics research and education on a sustainable living for all.



Focus 2021: Age friendly homes and communities.

Populations around the world are rapidly ageing and this demographic transition will impact on almost all aspects of society. A [Decade of Healthy Ageing 2020-2030](#) was declared by World Health Organisation to underline the theme's importance.

Home Economics research and education address individual households, institutional homes, and communities as the environment where older people can age safely. It promotes healthy ageing in an environment that meets physical demands, is free from poverty, allows for personal development and where the elderly can contribute to their communities while retaining autonomy. Home Economists focus on accessible and supportive living environments for older people with varying needs and capacities and also include the "elderly of tomorrow".

Kick-Off Webinar

Join a free webinar on *Successful ageing: Challenges for home economists*, held by IFHE Member Seema PURI, Associate Professor at the Institute of Home Economics, University of Delhi, and expert on Social Gerontology.



Seema PURI

27 November 2020 at 7:30 pm Delhi/India time

<https://global.gotomeeting.com/join/923012405>

Resource Hub

Visit the members area at www.ifhe.org for resources with an international perspective on age friendly homes and communities such as:

- 10 Priorities towards a *Decade of Healthy Ageing* ([link](#))
- Sustainable Development Goals from the perspective of ageing ([link](#))
- Ageing and life-course ([link](#))
- The impact of COVID-19 on older persons (UN [policy brief](#) 2020)
- World population ageing - ten key messages (UN [paper](#) 2019)

Take advantage of these excellent opportunities to get into the mood for preparing WHED 2021 and making the public aware of the important role home economics plays in healthy ageing.