



IFHE

Programme Committee on Household Technology and Sustainability

Best Practice Tips Automatic Dishwashing

How to run an automatic dishwasher

2. Loading:

- Always load to maximum capacity
- Always face the opening of vessels towards the bottom of the dishwasher
- Put dirty dishes and cutlery in the correct position to provide good contact with the water
- Put heavily soiled dishes into the lower basket to provide more intensive water treatment
- Don't block the detergent dispenser or the rotating spray arms by any bulky items
- Make sure cutlery doesn't stick out of the bottom of the cutlery baskets to prevent blockage of the lower spray arm
- Make sure no dish is covered by larger items

1. Don't Pre-Wash Dirty Dishes!

- Use cutlery or paper towel to pre-clean the dishes before loading.
- Hold dishes until you have a full load of dishes to wash.
- Use the "Rinse & Hold" cycle for dishes you are not going to wash right away.

3. Usage:

- Use the start time delay function if lower utility rates are available at a later daytime
- Dose the detergent and rinse aid as recommended by both the appliance and detergent manufacturer
- Choose manufacturer recommended program cycle and temperature according to both the type and soil level of dishes
- Lightly soiled dishes → use low temperature program cycle or a light wash cycle
- Heavily soiled dishes → use a high temperature wash or the pots and pans cycle
- End of cycle → use low temperature or air dry cycle for drying

4. When the dishes are clean....

- ✓ Switch off the dishwasher directly at cycle end
- ✓ Open the door immediately so the humid air can leave the machine
- ✓ Check and clean spray arms and filter regularly

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IF PURCHASING A NEW MODEL:

Look for appliances that use less water & energy

Choose a load capacity that fits your needs

Make sure it has an internal electric heater for the water

