



# HOME ECONOMICS NEWS

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## LADIES – I HAD A GREAT TIME WITH YOU – A WARM THANK YOU TO ALL OF YOU!

Dear IFHE members and friends

Sometimes, life offers you opportunities that you just can't turn down. For me, this means that I will be leaving IFHE on June 1, 2023, to take on a new professional challenge.

The time I spent with IFHE has been exceptional, and I never had such a good-humoured, diverse bunch of interesting people around me professionally. So friendships were bound to develop, as you can see in the picture above, which I think shows what IFHE is all about! You can also see the fun that I've had!

To be in charge of a federation as international and diverse as IFHE, with such a broad reach, including at the UN, has been an honour and a very special job to fill. Apparently, others noticed this too and offered me the management of one of Germany's largest development cooperation NGOs – as the first woman in that role.

The world is small, and I am convinced that our paths will cross again. I look forward to that day and wish you the very best until then.

Annette Ptasek  
IFHE Executive Director

## INTERNATIONAL EXCHANGE – ANNUAL REPORT 2022

We are proud to present here a preview of the IFHE Annual Report. Enjoy the introductory message and don't miss the full report which can be downloaded at [ifhe.org](https://www.ifhe.org).

It is a hallmark of our profession that we address research and education on sustainable resource management at the household and consumer level from an interdisciplinary perspective. We finally experienced and demonstrated this particular approach again at the World Congress, our long awaited flagship event, which took place in Atlanta in 2022 after it had to be rescheduled due to the pandemic. Despite international travel being nowhere near its former levels, participants from 35 countries arrived and made the congress the forum for international exchange in our discipline that we all had hoped and waited for. Since, for the first time, online participation was also an option and turned out to be a great success, this type of hybrid (sustainable) platform will certainly be offered in the future.

A special thematic focus for 2022 was the every-day importance of food and nutrition education. The IFHE's appeal to the United Nations to establish nutrition education as a central element in the recovery from COVID-19 is worth highlighting here. IFHE also became a partner in an international food literacy research consortium. Here, opportunities to learn about food are created, developing people's capacity to act in ways that support sustainable consumption and equitable access to food.

As always, the international reach of our work was only possible because of the national and regional associations, our member institutions and the many members who volunteer their time in research, education, or consulting. A big thank you also goes to the IFHE General Secretariat, which, led by the IFHE Executive Director Annette Ptassek, has tirelessly and prudently modernized the Federation since 2018. Thank you to everyone and please enjoy reading about IFHE's activities and events, presented in this annual report.

The full report will be uploaded here:

<https://www.ifhe.org/about-us/ifhe-news>

## CONGRESS PROCEEDINGS NOW ONLINE

We are pleased to make the documentation of the XXIV IFHE World Congress 2022 available to all those who are interested.

The World Congress brought together countless experts in the discipline, and the proceedings can only represent a fraction of the lively scholarly and practical exchanges that characterized this event.

Enjoy a detailed documentation of abstracts, programme workshops and inputs as well as a catalogue of items exhibited in the EXPO hall under the textile and design theme.

Available here:

<https://www.ifhe.org/initiatives/publications>

## WASTE LITERACY – OUR THEME FOR WORLD HOME ECONOMICS DAY

Every year on March 21st, since 1982, IFHE has been pleased to sponsor World Home Economics Day to highlight a specific theme and publicize home economics and consumer issues, promote the profession, and celebrate the contribution that home economists make to the quality of everyday for people around the globe. Read about the 2022 thematic focus and look forward to the next Newsletter with detailed reports.

The world's enormous waste problem won't be "solved" by just dumping it. We need to come up with better ideas to minimize waste generation and preserve natural resources. *Waste Literacy*, the knowledge about waste reduction and sustainable consumption, is an essential building block to achieve a sustainable future.

Whether through solution-based research, education or community outreach, Home Economists increase knowledge on how to responsibly manage resources at household and consumer level. *Waste Literacy* transforms the way people think and act towards waste and creates new habits. It incorporates ways to prevent materials from ending up as waste, reusing products or purchasing more durable products. But it also goes beyond that, aiming to reduce the amount of material manufactured or hazardous materials.

Home Economics knowledge is fundamental in achieving a sustainable future and plays an important role in changing our everyday behaviour. Because sustainability starts at home.



## NEWS FROM THE REGIONS & ANNOUNCEMENTS

### IFHE EJOURNAL SPECIAL ISSUE

Download here:

<https://www.ifhe.org/ejournal>

Council Meetings take place every two years and as voting assembly of all members, take important decisions concerning IFHE matters.

The issue of the International Journal of Home Economics has two sections. Section A features non-congress papers and section b features articles that were presented at the IFHE XXIV World Congress, 2022, with the theme *Home Economics: Soaring Toward Sustainable Development*. These papers were submitted for peer review and presented at the Congress. These Congress papers are published as received and have not undergone major reformatting or editorial refinement and as such have the status of peer-reviewed Congress papers.

### CAHE CELEBRATES 50<sup>TH</sup> ANNIVERSARY

In December 2022, the Caribbean Association for Home Economics Inc. celebrated a memorable event and commemorated its 50th anniversary. Congratulations!

### ANNUAL MEETING 2023 IN MALAYSIA



The 2023 IFHE Annual Meeting takes place in Kuala Lumpur, Malaysia from 5–7 August 2023. Annual Meetings are an excellent opportunity for committees and working groups to meet.

The Annual Meeting takes place just before the International Congress of the Asian Regional Association for Home Economics, which is being held in the same hotel from 7–11 August 2023.

You are warmly invited to participate in both events. Find all you need to know at the IFHE website.

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