



INTERNATIONAL FEDERATION
FOR HOME ECONOMICS

Press Release

Bonn 20th December 2006

IFHE Symposium, Saturday 3rd February 2007

The International Federation for Home Economics (IFHE) will hold a Symposium during the IFHE Annual Meeting on Saturday 3rd February 2007 in Bonn, Germany. The IFHE Symposium 2007 takes on a very topical theme:

“Demands for Effective Nutrition and Disease Prevention: - Aspects from Home Economics Science and Home Economics Education -”

Effective nutrition and disease prevention is a global demand with a wide range of causes, problems and consequences as well for the individual persons as for the societies.

“All forms of malnutrition's broad spectrum are associated with significant morbidity, mortality, and economic costs, particularly in countries where both under- and overnutrition co-exist as is the case in developing countries undergoing rapid transition in diet, nutrition and life-style.

Obesity is one of the greatest public health challenges of the 21st century. Its prevalence has tripled in many countries in the World Health Organisation (WHO) European Region since the 1980s, and the numbers of those affected continue to rise at an alarming rate, particularly among children. Obesity is already responsible for 2-8% of health costs and 10-13% of deaths in different parts of the Region.

Under-and overnutrition problems and diet-related chronic diseases account for more than half of the world's diseases and hundreds of millions of dollars in public expenditure”, WHO describes the situation.

The IFHE Symposium makes a contribution to an international exchange of programs, measures and strategies on Diet, Physical Activity and Health.

Esteemed experts will give presentations to the following aspects:

- As Keynote speaker Aushra SHATCHKUTE, M.D. from CINDI PROGRAMME, WHO Regional Office for Europe – Copenhagen, Denmark will refer to the theme “The Need for Effective Nutrition for Disease Prevention”.
- Following Prof. Dr. Verena KOCH, Department of Chemistry, Biology and Home Economics, Faculty of Education University of Ljubljana, Slovenia will present to “The aspect Effective Nutrition Programs for Disease Prevention in Slovenia”.
- Prof. Dr. Ines HEINDL, Institute for Nutrition and Consumer Education University of Flensburg, Germany will report on “Effective Nutrition Disease Prevention as a Task for Education – the German Example” and
- Geraldene B. HODELIN, Ph.D., IFHE President Elect, Dean Faculty of Education and Liberal Studies, University of Technology, Jamaica will give a presentation on “Reducing Hunger – the Millenium Challenge for developing countries”.

In conclusion, the speakers will examine urgent questions in a round table discussion.